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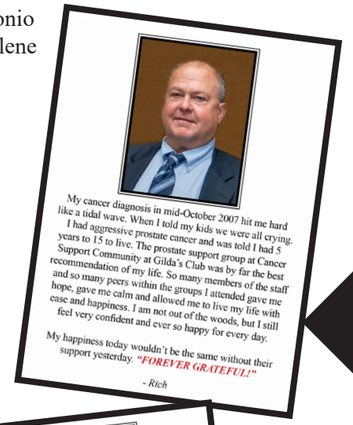
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Mission Statement

Cancer Support Community at Gilda's Club Rochester ensures that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.



My cancer diagnosis in mid-October 2007 hit me hard like a tidal wave. When I told my kids we were all crying. I had aggressive prostate cancer and was told I had 5 years to 15 to live. The prostate support group at Cancer Support Community at Gilda's Club was by far the best recommendation of my life. So many members of the staff and so many peers within the groups I attended gave me hope, gave me calm and allowed me to live my life with ease and happiness. I am not out of the woods, but I still feel very confident and ever so happy for every day.

My happiness today wouldn't be the same without their support yesterday. **"FOREVER GRATEFUL!"**

- Rich



I reached out to the Cancer Support Community of Rochester the day after I was diagnosed with breast cancer because I felt an immediate need to surround myself and my family with as much care, kindness, and help as I could find. **Rather than coping in isolation, CSC is helping my family navigate my cancer journey in more healthful, hopeful ways.**

- Jennifer

STAFF

James Love, Chief Executive Officer
Carolyn Murray, Chief Operating Officer
Amanda Miller, Director, Programs & Support Services
Mary Ellen Smith, Director of Marketing & Events
Raven Byrd, Administrative Assistant
Jackie Cuyler, Program Manager
Kate Gruenfelder, Program Manager
Shivani Patel, Youth & Volunteer Manager

Interns
Hannah Bardeen, Mental Health Counseling
Hiroka Kurita, Mental Health Counseling

Community Outreach
Maria Delgado Sutton, LUCC Outreach
Toni Phelps, WOC Outtreach
Vanna Walker, Outreach

CANCER SUPPORT COMMUNITY
AT GILDA'S CLUB ROCHESTER

255 Alexander Street
Rochester, NY 14607
www.cscrochester.org
585-423-9700

CANCER SUPPORT COMMUNITY
AT GILDA'S CLUB ROCHESTER

ANNUAL REPORT



2026

MEMBERSHIP & PROGRAMMING

**duplicated figures*

MEMBERSHIP

New Members	161
Adults Served	2,769
Youth	107

PROGRAMS & SERVICES

Adult Programs	
(overall programs - health/wellness, seducation, "food and nutrtition, social acitivities	
Sessions	502
Enrolled Participants *	2,635
Family & Youth Program Participants	92
Youth Summer Programming Participants	50
One-on-One Counseling Sessions	326

VOLUNTEERS

Volunteers Engaged in Our Mission	280

FOOD & NUTRITION

Number of visits/participation	861

COMMUNITY OUTREACH

Community Tabling Opportunities	76
Colorectal Cancer Screening Test Kits Distributed	828
People educated on importance of early detection	2,514



STATEMENT OF FINANCIAL POSITION

For the Year Ending March 31, 2026

ENDING NET ASSETS	**$4,200,281**
Statement of Activities	
Support and Revenue	
Gifts, grants and contributions	$644,629
Special Events:	$397,494
Less: direct benefit to donors	($78,087)
Investment Income	$42,146
Total Support and Revenue	**$1,006,182**
Expenses and Losses:	
Program Services	$770,746
Management and General	$55,194
Fundraising	$150,145
Total Expenses and Losses:	**$976,085**
Change In Net Assets:	**$289,460**



PROGRAM IMPACT - Mapping My Journey™

Mapping My Journey™ is a personalized approach to cancer support for individuals at any stage of their cancer journey.

Education Programs
Participants = 130

Through educational programs like our "Ask the Expert" series, members receive relevant information on on cancer-related issues from professionals while also having the opportunity to ask their questions answered.

Emotional Support Groups
Participants = 922

From general cancer support groups to specific cancer types (Prostate, Veterans, Multiple Myeloma, Caregiver, etc.), support groups provide a collective wisdom that comes from sharing experiences and insights with others who have been through similar journeys.

Individual Mental Health Counseling
Sessions = 326

A cancer diagnosis impacts the emotional well-being just as much as the physical health. Individual counseling provides a safe, confidential space to process anxiety, fear, and grief. Together, we work one-on-one to build personalized coping strategies, restore a sense of control, and support mental health at every stage of the journey.

Healthy Lifestyle
Participants = 1,359

Health and wellness programs are designed to reduce stress, decrease possible risk factors, and to improve one's overall well-being. Programs offered support mind and body wellness.

Food & Nutrition
Participants = 1,359

Food insecurity is a significant concern among cancer patients. 58% of our membership struggles to put nutritious food on the table consistently. Programs offered include monthly meals, cooking classes and a food pantry.

Community Outreach: Prevention & Awareness
People Reached = 2,514

We bridge health disparities in communities of color through targeted cancer education and advocacy. To save lives through early detection, our outreach team distributes free colorectal cancer screening kits directly into the community.

Family & Youth
Participants = 92

Cancer impacts the whole family. Youth and family events are a time for parents/grandparents and children to bond with and build relationships with other families impacted by cancer. Our summer youth program offers families summer activities for their kids to connect with other kids with similar experiences.

Outcome Based Evaluation Summary:

- Anxiety rates across the full spectrum of youth members are dropping quarterly as measured through distress screenings.
- Depression rates are dropping across the full spectrum of youth members.
- Learned coping skill retention has increased in the this year for children across the full spectrum of youth members as measured through distress screenings.
- We have seen an uptick in feelings of fear for a loved one's diagnosis, but a decrease in their own fear of a diagnosis.
- Feelings of isolation have dropped significantly and correspond with the uptick in enrollment with family event offerings.

AWARDS 2025 Heroes Ball Honorees



HERO AWARD:
Steven Ognibene, MD, Rochester Colon & Rectal Surgeons/Rochester Regional Health
JACOB GITELMAN AWARD:
Melissa Loh, MD, Univeristy of Rochester Medical Center
RICHARD McGLYNN AWARD:
Larry Yovanoff, past board chair
CHRISTIE SIMONETTI AWARD:
Gary Mervis, founder Camp Good Days & Special Times
COMMUNITY IMPACT AWARD:
Interlakes Oncology & Hematology