



Community is STRONGER than cancer.



SUPPORT GROUPS & PROGRAMS OFFERED AT NO COST.



SUPPORT GROUPS & PROGRAMS

HEALTHY LIFESTYLE PROGRAMS



COMMUNITIES OF COLOR

EDUCATIONAL PROGRAMS

SOCIAL PROGRAMS

KIDS/YOUTH PROGRAMS



PROGRAMS *Programs are offered through in-person, virtual and hybrid formats.*

SUPPORT GROUPS & PROGRAMS

- | | |
|---------------------------|----------------------|
| Caregivers | Survivorship |
| Multiple Myeloma | Veterans with Cancer |
| People Living with Cancer | Women of Color |
| Prostate Cancer | Networking Group |

HEALTHY LIFESTYLE PROGRAMS

- Expressive Art Classes (Jewelry, Studio Art)
- Music Therapy & Lessons
- Nutrition, Cooking & Baking Classes
- Yoga, Strength Training, Qi Gong

COMMUNITIES OF COLOR

- Advocacy Group
- Latinos Unidos Contra Cáncer (LUCC)
- Men of Color

EDUCATIONAL PROGRAMS

- Educational Workshops
- Presentations from Medical Professionals

SOCIAL PROGRAMS

- | | |
|-------------------|-----------------------------|
| Bingo | Men's Diner |
| Coffee Hours | Social Outings |
| Community Dinners | Survivor's Picnic and more! |
| Holiday Parties | |

KIDS/YOUTH PROGRAMS

Age-based programs open to any youth impacted by cancer, whether themselves or a family member.

- Family Nights
- Trunk or Treat
- Youth Support Groups

CANCER SCREENING INITIATIVE

Colorectal cancer rapid screening kits are available at no cost, while supplies last, for anyone age 45 and older. This non-invasive test is easy to use and renders results within four minutes. The Rapid Screening Kits aid in detecting colorectal cancer, diverticulitis, colitis, and colon polyps.

Our Mission...

Cancer Support Community at Gilda's Club uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

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Follow us on social media!
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